



food supplements

BONES HEALTH AREA



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what is the use of the product?

Whether you're trying to bone up on nutrients to help prevent osteoporosis, maintain healthy bones, or ease the discomfort of osteoarthritis, food supplements may help.

effects

food supplements composed of **bioactive collagen peptides**, vegetal extract, vitamins and mineral salts

1. stimulate the production and activity of osteoblasts
2. protect the healthy balance of bone metabolism that weakens with age
3. useful for the maintenance of normal bones
4. increase of bone health
5. stimulate the constant formation of new bone cells and the resorption of old bone cells.

typical composition

Collagen peptides, vegetal extracts, mineral salts (Calcium), vitamins.



formulation

Powder in sachets, tablets.



REFERENCES

Vitamin D and calcium supplementation to prevent fractures in adults. *Ann Intern Med.* 2013 Dec 17;159(12):856-7.
Calcium supplements and fracture prevention. *N Engl J Med.* 2014 Jan 23;370(4):387.

